

# The International Wine & Food Society



**CAPITAL BRANCH**  
The Branch for the 21<sup>st</sup> Century  
[www.iwfs.org](http://www.iwfs.org)  
**NEWSLETTER No 52**



Well as they say - been there done it, got the tea shirt - well the book. I am referring to Biodynamic Wines of course. Last night in the opulent surroundings of the In & Out Club in St James's Square we swirled, sniffed and contemplated six wines while Beverley Blanning MW explained to all the mystical properties of biodynamic wines and their production. I must admit I chickened out of wearing my witches hat but several people did say it was a very good thing Sid was not there - for Ms Blanning's sake that is. Anyway we were told that each day of the year is a different type of day, one a fruit day, another a flower day etc. Yesterday was a leaf day so we should have tasted undertones of leaf in the wines. Well suffice to say one or two of the wines were drinkable and I might have considered buying at about a third of the price they are selling at. But don't let me influence you, Beverley's book is available from HQ or you will be able to download it from our brand new website when you have received your log in details is December Food & Wine - please remember to keep the address page when you open the magazine. In the meantime go and have a look at the website, you can access the public pages. A few branches have started loading their events on to their pages. You will find details of all Capital events under Europe/Africa - London - Capital.

**Sunday 12th December 2010**

## **Capital Branch AGM and Christmas Event at Loch Fyne, Wokingham,**

**London Rd, Wokingham, Berkshire, RG40 1RD Tel 0118 912 3260**

We are returning to Loch Fyne this year by popular request as everyone enjoyed a fun evening last year. As those of you that have been to our AGM's before know they are very short affairs - I think our longest ever was 23 minutes and the last was 18! Could you please choose your dishes from the following menu and list them when you send your cheque.

The price includes a plentiful supply of Sicilian Grillo Chardonnay and Sicilian Nero d'Avola Shiraz to start the festive season.

### Starters

**Wild mushroom and tarragon soup**

**Loch Fyne rope-grown mussels marinières**

**Loch Fyne gravadlax with honey and mustard dressing**

**Whitebait with lemon mayonnaise**

**Chicken liver pâté with homemade tomato chutney**

### Main Courses

**Whole baked sea bass with braised fennel and lemon and thyme butter**

**Pan-fried duck breast with honey roasted parsnips and red wine sauce**

**Rump steak char-grilled and served with a shallot and mushroom confit**

**Pan-fried fillet of salmon with caramelised red onion and port marmalade**

**Roasted butternut squash and herb risotto**

**Roast potatoes and broccoli**

### Desserts

**Christmas pudding with brandy butter**

**Chocolate and orange torte with a warm orange and berry compote**

**Spiced apple tarte tatin with clotted cream**

**Blarliath and Cooleeney cheese with homemade chutney and oatcakes**

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**Coffee**

We will be starting early to accommodate those members that have to travel home a long distance on public transport. The restaurant is very easy to find on the A329 into Wokingham just off J10 of the M4. Lifts from Wokingham station can be organised.

**Time: AGM 5pm Dinner 5.30pm**

**Dress: Smart casual**

**Price: £30 members, £32 guests**

## **BOOKING DETAILS**

Please send form and cheque made payable to **CAPITAL BRANCH – IWFS to  
Pam Brunning, Brunsdon Farm, Heath Ride, Wokingham, Berk. RG40 3QJ**  
**No places will be allocated without a stamped addressed envelope or e mail address for reply.**

### **CANCELLATIONS**

Initially by phone and then in writing, at least two week prior to the event to facilitate a refund. Refunds, less than two weeks prior, will only be given if the place can be filled All refunds will be subject to a £2 handling charge.

**Requests for late bookings** - please call 0118 9733287 to check availability of places.

**PLEASE DO NOT WEAR SCENT OR AFTERSHAVE TO EVENTS**

## **Sunday 12th December 2010 AGM and Dinner at Loch Fyne,**

*Member No* .....@ £30 = £

*Guest No* .....@£32 = £

*Total*.....

NAME

Tel;

E mail Address:

### **Menu choices**

**Starter:**

**Main Course:**

**Desserts:**

**Please put names alongside choices.**